



The Swimming Academy
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Personal Coaching

A teacher may highlight a pupil would benefit from one-one (lesson(s)). This would be discussed with J A Coe and the parent/guardian.

One-One teaching will take place if a pupil is seriously struggling within a group and permission is granted by J A Coe who will be the only person to contact the parent/guardian to arrange such lesson(s).

The procedure for one-one lessons is:-

1. The lesson will be conducted at either The Swimming Academy premises with lifeguard at poolside or at public pool where members of the public and lifeguards will be present.
2. Parent will prepare pupil for the lesson in the changing room.
3. The teacher will collect the pupil from the changing room/parent and take to poolside where equipment such as a swim belt or arm rings are placed on the pupil.
4. Parent will proceed to the spectator's gallery where they are able to watch the lesson take place.
5. At the end of the lesson, the pupil will be wrapped in a towel for warmth (when at a public pool) and walked back to the changing room where they will be returned to the parent who will change the pupil.